

HANOVER PARK REGIONAL HIGH SCHOOLS

May 2026




Daily Dish

Veggie Dish



PASTA STATION

AVAILABLE DAILY

Monday 4	Grilled Chicken Bruschetta with Fresh Tomato, Provolone Cheese & Balsamic Vinaigrette on a Roll	Mozzarella Stick Sampler with Corn Fritters & Onion Rings served over Fries	Baked Ziti with Garlic Bread & Salad Or Pasta Bar	<p><i>Deli Central</i></p> <p>Made-to-Order Boar's Head Deli Bar Assorted Grab & Go Sandwiches</p>  <p>PIZZA ZONE</p> <p>Assorted Specialty Pizzas</p> <p>AMERICAN GRILLE</p> <p>All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger Sliders on Buns</p> <p>FRESH FARMISTAND</p> <p>Assorted Grab & Go Salads</p>
Tuesday 5	Chicken Torta OR Mexican Bar	Cheese Stromboli with Marinara Dipping Sauce	Pasta Bar with Assorted Sauces, Meatballs & Garlic Bread & a Side Salad	
Wednesday 6	Wild Wing Wednesday – Assorted Chicken Wings & Sauces served with a Roll & Celery Sticks	Wild Wing Wednesday – Plant-Based Wings & Sauces served with a Roll & Celery Sticks	Macaroni & Cheese with Garlic Bread & Garden Salad Or Pasta Bar	
Thursday 7	All-Beef Hot Dog on a Bun with French Fries <i>Choose from Assorted Fixings: Chili, Chopped Onion, Sauerkraut</i>	Baked Potato Bar with Chili, Cheese, Sour Cream & Bacon Bits	Creamy Chicken Alfredo with Garlic Bread & Garden Salad Or Pasta Bar	
Friday 8	Asian Bar with Lo Mein, Fried Rice, Sweet & Sour Chicken, General Tso's Chicken, Beef & Broccoli, or Chicken & Broccoli	Veggie Lo Mein with an Egg Roll	Pasta Bar with Assorted Sauces, Meatballs & Garlic Bread & a Side Salad	

Fruits & vegetables from The Farm Stand are included with lunch.

A complete meal includes: Entrée with Protein/Grain, a Trip to The Farm Stand, & a Choice of Milk.

Also available daily: Assorted cold beverages, soups, vegetables & fresh & chilled fruit bowl. All Snacks are in compliance with the State's Guidelines.

Your comments are important to us. Please e-mail us at comments@pomptonian.com. Menu Subject to Change

FOOD ALLERGIES

Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.




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Monday 11	Mexican Bar Or Build-Your-Own Chipotle Bowl	Roasted Vegetable Wrap with Melted Mozzarella Cheese & Garlic Basil Dressing	Pasta Primavera with Garlic Bread & Salad Or Pasta Bar	<i>Deli Central</i>	Made-to-Order Boar's Head Deli Bar Assorted Grab & Go Sandwiches 
Tuesday 12	Roasted Chicken Dinner with Mashed Potatoes, Gravy, Vegetable & a Dinner Roll	Veggie Sampler - Zucchini Sticks, Mozzarella Sticks & Corn Fritters served over French Fries & Onion Rings	Ricotta & Mozzarella Cheese Stuffed Shells with Tomato Basil Sauce & Garlic Bread Or Pasta Bar	PIZZA ZONE	Assorted Specialty Pizzas
Wednesday 13	Wild Wing Wednesday – Assorted Chicken Wings & Sauces served with a Roll & Celery Sticks	Wild Wing Wednesday – Plant-Based Wings & Sauces served with a Roll & Celery Sticks	3-Cheese Twice-Baked Penne Or Pasta Bar	AMERICAN GRILLE	All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger Sliders on Buns
Thursday 14	Mediterranean Chicken or Beef Gyro with, Onions, Tomato & Tzatziki Sauce in Pocketless Pita Or Build-Your-Own Chipotle Bowl	Falafel Gyro Wrap – Falafel, Onions, Tomato & Tzatziki Sauce in a Wrap	Baked Ziti with Garlic Bread & Garden Salad Or Pasta Bar	FRESH FARMISTAND	Assorted Grab & Go Salads
Friday 15	Popcorn Chicken Bowl - Chicken Poppers served over Mashed Potatoes & Corn topped with Cheese & Gravy Or Build-Your-Own Chipotle Bowl	Salad Station with Toppings & Dressings tossed-to-order, served with Garlic Bread	Macaroni & Cheese served with Garlic Bread & a Garden Salad Or Pasta Bar		

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AVAILABLE DAILY

Monday 18	Hot Roast Beef served on a Garlic Bread Hero topped with Melted Mozzarella & Au Jus Gravy	Waffle Bar Day - Fresh Waffles with Assorted Toppings	Chicken & Broccoli Penne with Garlic Sauce & Garlic Bread Or Pasta Bar	<i>Deli Central</i>	Made-to-Order Boar's Head Deli Bar Assorted Grab & Go Sandwiches 
Tuesday 19	Chipotle Bar – Make-Your-Own Hard or Soft-Shell Tacos with Grilled Chicken or Beef Or Bacon Cheddar Burger on a Brioche Roll with Toppings Bar & Special Sauce	Cheese Quesadilla served with Corn & Black Bean Salad	Pasta Bar with Assorted Sauces, Meatballs & Garlic Bread & a Side Salad	PIZZA ZONE	Assorted Specialty Pizzas
Wednesday 20	Wild Wing Wednesday – Assorted Chicken Wings & Sauces served with a Roll & Celery Sticks	Wild Wing Wednesday – Plant-Based Wings & Sauces served with a Roll & Celery Sticks	Macaroni & Cheese with Garlic Bread Or Pasta Bar	AMERICAN GRILLE	All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger Sliders on Buns
Thursday 21	Sweet & Sour Chicken with Local Bok Choy Vegetable Fried Rice	Eggplant Parmesan Hero with a Caesar Side Salad	Beef Lasagna with Garlic Bread & Salad Or Pasta Bar	FRESH FARMISTAND	Assorted Grab & Go Salads
Friday 22	Meatball Parmesan Hero with a Caesar Side Salad Or Build-Your-Own Chipotle Bowl	Sampler with Pizza Crunchers, Mozzarella Sticks & Zucchini Sticks served with Dipping Sauces & a Dinner Roll	Pasta Bar with Assorted Sauces, Meatballs & Garlic Bread & a Side Salad		

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Monday 25	Memorial Day	No School	Memorial Day	<i>Deli Central</i>	Made-to-Order Boar's Head Deli Bar Assorted Grab & Go Sandwiches 
Tuesday 26	"Firecracker" Breaded Chicken Wrap w/ Ranch & Pepper Jack Cheese	Homemade French Bread Pizza	Pierogi with Butter & Onions Or Pasta Bar	PIZZA ZONE	Assorted Specialty Pizzas
Wednesday 27	Wild Wing Wednesday – Assorted Chicken Wings & Sauces served with a Roll & Celery Sticks	Wild Wing Wednesday – Plant-Based Wings & Sauces served with a Roll & Celery Sticks	Pasta Bar with Assorted Sauces, Meatballs & Garlic Bread & a Side Salad	AMERICAN GRILLE	All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger Sliders on Buns
Thursday 28	Asian Bar with Lo Mein, Fried Rice, Chicken & Broccoli, Beef & Broccoli	Plant-Based Sweet Chili & Orange "Chicken" with Veggie Fried Rice	Vegetable Lasagna Or Pasta Bar	FRESH FARMISTAND	Assorted Grab & Go Salads Red, White & Blue Yogurt Parfait
Friday 29	Crispy Chicken with Onion Rings & Special Spicy Sauce, Lettuce & Tomato on a Brioche Roll Or Build-Your-Own Chipotle Bowl	Baked Macaroni & Cheese with Garlic Bread	Spicy Chicken Macaroni & Cheese with Garlic Bread Or Pasta Bar		

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